

# Equine Postural Rehabilitation Techniques

## Day One: Techniques

8:30 Review of Equine Postural Rehabilitation (L) (P)

9:30 Case Management discussion (L)

**COFFEE BREAK (10:30)**

10:45 Individual Techniques Tutorial Sessions\*\* (P)

**LUNCH BREAK (12:30)**

1:30 Individual Techniques Tutorial Sessions\*\* (P)

**COFFEE BREAK (3:00)**

3:45 Individual Techniques Tutorial Sessions\*\* (P)

5:00 Manipulative therapies and posture: topics in current research (L)

## Day Two: Techniques

8:30 Technique Review and questions (L)(P)

9:30 Individual Techniques Tutorial Sessions\*\* (P)

**LUNCH BREAK (12:30)**

1:30 Individual Techniques Tutorial Sessions\*\* (P)

**COFFEE BREAK (3:00)**

3:15 Individual Techniques Tutorial Sessions\*\* (P)

5:00 The Forensics of Sports Injury (P)

**SEMINAR DINNER (6:30)**

## Day Three: Pulling it all together

8:30 Discussion of case management (L)(P)

10:00 Individual Techniques Tutorial Sessions\*\* (P)

**LUNCH BREAK (12:00)**

1:00 Individual Techniques Tutorial Sessions\*\* (P)

**(L) LECTURE, (D) DEMONSTRATION, (P) PARTICIPATORY EXERCISE**

\* Private Alexander lessons can be scheduled during breaks and evenings.

\*\* Each student will undergo an intensive teaching session, correcting and refining their manual techniques with the instructors. They will also be able to observe their colleagues' instructional sessions during the day. Breaks for refreshments will be taken as needed.